

Date:_____ Applicant: _____

Administered by:_____

Administered by:_____

<u>Directions</u>: The final evaluation is divided into 2 portions: General Questions and a Case Study. The General Questions below are designed to allow the exam administrators to listen for answers that reveal personal beliefs. The Case Study is designed to help the exam administrators listen for application answers. Be prepared to point to Scriptural truths while balancing grace.

- 1. How would you define the term `addiction'?
- 2. How would you respond when someone uses the phrase 'I know their heart' or 'they have a good heart'?
- 3. What is the role of the Holy Spirit in biblical counseling?
- 4. Romans 5:3-5 speaks of perseverance; what would be some enemies of perseverance?
- 5. What qualities would you promote within the life of a counselee?
- 6. For what reason is homework important in addiction biblical counseling?
- 7. Give an example of a homework assignment you would give to someone who is battling depression.
- 8. How would you define 'enabling'? What are some examples of enablement within an 'addict's' life?
- 9. Can feelings be adjusted and, if so, how?
- 10. What is the Gospel message and how does it apply to an 'addict's' life?



COMMISSIONING FINAL EVALUATION CASE STUDY: JEANNIE

<u>The Scenario</u>: A single mother of a 22-year-old girl calls your counseling ministry because she wants counseling for her drug-addicted daughter. Her daughter, Jeannie, was arrested for "possession" she says and has agreed to come in for counseling. The mother says that her daughter has been around "all of the wrong friends" and "never got over the divorce" of her parents when Jeannie was 7 years old. The mother states that her attorney has recommended they begin counseling with you for a more favorable ruling on a first time offense. "I can't believe my baby would do this! I know I raised her better," is the last thing the mother says to you on the phone. Later that week, during the first counseling session, you learn more information like the following:

A. Jeannie's mother answers questions for Jeannie and attempts to dominate much of the conversation – so much so, that you ask the mother to leave the room for time to talk to Jeannie for the purpose of gathering more data.

B. Without her mother there, Jeannie states the possession charge was "stupid" because it was a very small amount of marijuana. "It was like they just wanted to pin something on me," she says, meaning the police were looking for a reason to charge her with a crime.

C. Jeannie admits to smoking marijuana and taking prescription pain pills. At times, she says she has been selling pills on the side with her boyfriend who "really needs help because he shoots heroin." Right after saying that, she quickly exclaimed: "but



please don't tell my mom that!" Jeannie goes on to say she doesn't have money in savings from her part-time job because she gives it to her boyfriend to help him pay rent.

D. When you ask Jeannie to tell you about her 'spiritual journey,' she says that she made a profession of faith at a youth retreat at age 12 that seemed real. She also states that she continues to have "lots of unanswered questions" and struggles with a God who allows suffering. "Look at all of the problems and pain in the world," she says. She does not pray or read her Bible much at all.

E. Digging deeper, you ask Jeannie about her sexual history to which she deflects the question but as you probe, she admits being physically intimate with her current boyfriend and one other boyfriend prior. Again, she pleads with you not to tell her mother.

F. Jeannie makes an offhand comment that "I was always the nerdy girl who studied in high school but now I have a lot of cool friends."

<u>Directions</u>: The questions below are for you to answer. Provide Scriptural references and biblical thinking for each of the questions below by balancing grace and truth (John 1:14).

1.How would you conceptualize this case? In other words, without re-stating all of the facts in the case study (since we all have them), what are your general impressions about what is going on here?



2. What topics of discussion are "agenda" items for both the mother and Jeannie that you would either address in later sessions and/or like to investigate more closely?

3. Where would you begin this case? What is it about the data that encourages you to begin there?

4. What are some of the mentalities that you can identify in Jeannie's thinking that concern you? Are there any mindsets to address in counseling with her mother?

5. How would you help Jeannie's mother in parenting Jeannie as both a young adult and as a drug user?

6. How would you help Jeannie to begin accepting responsibility for her actions? In time, would you want her to view her arrest as a blessing from God? Why or why not? Please explain.

7. What resources beyond yourself (as their counselor) are you hoping to recruit in this situation? What do you want those resources to accomplish?

8. If you were guessing, toward which of the three lusts in I John 2:16 does Jeannie have the greatest proclivity? How would you help her to overcome this?

9. How would you counsel Jeannie in regards to her boyfriend?

10. Generally speaking, how do you help people who are "addicts"?

11. If you found out in a subsequent session that Jeannie was diagnosed with major depression at age 16, how would that change your counseling, if any?